

Physical Education (OCR)

ABOUT THE COURSE

A Level Physical Education looks to give you an in-depth view on sport and how it can affect every aspect of our lives. Students will have the opportunity to test themselves practically and theoretically extend their knowledge and understanding in a number of sporting areas.

Students will learn how different cultures and socio-economic needs can affect participation but also look at the scientific approaches (both physical and mental) are now implemented in sport to assist every athlete to reach their full potential.

KEY FEATURES

- Similarities in the assessments from the GCSE specification
- Opportunities to specifically concentrate on your strengths
- Wide range of practical activities

HOW WILL YOU BE ASSESSED?

- Assessed in 8 units in year one (AS)
- Assessed in 9 units in year two (A level)
- Assessed in one sports in the first and second year either as a performer or coach
- One Analysis of Performance coursework each year
- Assessed in two examinations at the end of each year.

COURSE REQUIREMENTS

This subject requires a good level of scientific knowledge specialising in biology and have a good standard in mathematics. You will have to show the ability to cross reference from different units in Physical Education and this will test your English language and comparative skills within the unit

Have you ever thought...?

About pushing your knowledge and understanding in sport to its limits?

How does Science influence sport?

Why is media a positive and negative effect on sport?

Is money the driver in Physical Education?

How can I help athletes reach their optimal performance in a range of sports?

If so, Physical Education has the answers for you!



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WHERE CAN A LEVEL PHYSICAL EDUCATION TAKE ME?

The opportunities in Physical Education are endless and mainly are subject to the needs of yourself. Physical Education requires skills from many different aspects of your life and can really give you the in-depth life skills you will require to reach your goals.

Here are some examples:

- An excellent skill set to take into a university degree.
- A range of skills and career opportunities to take into the future whether higher education is for you or not.
- Apprenticeship opportunities with schools and local sports businesses to help you get your feet on the ground the world of sport.

CAREERS IN PHYSICAL EDUCATION:

- Sports Scientist
- Physiotherapist
- Physical Education Teacher

Sixth Form E3 programme and society.

As an A Level Physical Education student you will be at the forefront of the sport that takes place competitively and recreationally around the 6th form and further school.

The programme will give students an opportunity to lead develop and participate in sport within their time and gain additional awards such as the Community Sports Leaders Award, Duke of Edinburgh (Gold, Silver, Bronze) and the School's Sports Apprentice Scheme to further your opportunities in the near future.

E3 will be utilised to develop your skills and techniques required to compete at the highest levels working with regional and national standard coaches.

Coaching awards can be gained within the E3 programme in order to develop UCAS applications with awards from national governing bodies such as;

- RFU
- LTA
- UKCC in Netball
- LTA
- British Triathlon
- UKCC in Athletics